

Tracks:	1 CENTRAL NERVE BLOCKS	2 CHRONIC PAIN MANAGEMENT	3 PERIPHERAL NERVE BLOCKS	4 GENERAL	5 OBSTETRIC	6 POSTOPERATIVE PAIN MANAGEMENT	7 PAEDIATRIC	8 ULTRASONOGRAPHY
Legend:	ESRA SESSION	INDUSTRY SUPPORTED SESSION	HANDS ON CADAVER WORKSHOPS	HANDS ON CLINICAL WORKSHOPS	LIVE DEMONSTRATIONS	Ticketed sessions		

## ESRA 2020 Scientific Programme

WEDNESDAY 16 September 2020							
TIMING	Hall A	Hall B	Hall D	Hall E	Hall F	Hall G - WS (Tickets Required)	
8:00-8:50	<b>NETWORKING SESSION - New blocks on the block!</b> What is the evidence? Chair: J. McDonnell (Ireland) - ESP block - J. Raft (France) - RAPTR: J. Gadsden (USA) - Peridural block - X. Sala-Blanch (Spain) - IPack / Popliteal Plexus - T. F. Bendsten (Denmark)	<b>NETWORKING SESSION - Changes in Pain Medicine: New approaches</b> Chair: J. De Andres (Spain) - Postoperative Peripheral neuromodulation with stimulating catheters - A. Boezaart (USA) - Endoscopic treatment of facet joints and sacroiliac joint - R. Ibrahim (Germany) - Augmentation and interventional procedures in the spine. All evidence Based? - S. Hayek (USA) - Epiduroscopy more than viewing. New possibilities of treatment- R. Ibrahim (Germany)	<b>PROBLEM BASED LEARNING DISCUSSION - There is a hip fracture and the orthopedic surgeon wants to fix it. Now what?</b> - A. Macfarlane (UK)  <b>TIPS AND TRICKS - Optimizing the spinal block success in the ambulatory setting - B. Breebart (Belgium)</b>	<b>REFRESHING YOUR KNOWLEDGE - Ultrasound-guided obturator nerve block using interfacial injection approach - S. Sinha (USA)</b>  <b>REFRESHING YOUR KNOWLEDGE - Overview of Ultrasound Guided Infraclavicular Brachial Plexus Block - M. Karmakar, Hong Kong</b>	<b>ASK THE EXPERT - Neuromodulation Beyond Chronic Pain Management: Headache, GI System, Heart - P. Staats (USA)</b>	<b>HANDS ON CLINICAL WORKSHOP 1 The Chronic Pain Workshop - Musculoskeletal Ultrasound Guided Interventional Procedures in Pain Medicine</b>  WS Leader: A. Krol (UK) Workstation 1 Glenohumeral Joint. Supraspinatus Tendon & Subacromial Subdeltoid Bursa - B. Fyrtandou (Greece) Workstation 2. Acromioclavicular Joint Biceps Tendon, Rotator Cuff & Rotator Cuff Interval - M. Varveri (Greece) Workstation 3. Peritarsal Hip Injection - Trochanteric Bursa Injection Workstation 4. Pericapsular nerves injection( femoral, obturator, accessory obturator) - A. Thottungal (UK) Workstation 5 - Genicular Nerves Injection - T. Haag (UK) Workstation 6 - Suprapatellar Bursa Injection - Posterior Capsule Injections - L. Valdes (Spain)	
9:00-9:50			<b>PROBLEM BASED LEARNING DISCUSSION - My patient collapsed... After a neuralgia block - M. Oldman (UK)</b>	<b>REFRESHING YOUR KNOWLEDGE - How to optimize your ultrasound for regional anesthesia: theoretical background and practical applications - L. Sermeus (Belgium)</b>	<b>ASK THE EXPERT - How can RA improve OR turnover? - L. Turbitt (Ireland)</b>		
10:00 - 10:30	MORNING BREAK						
10:30-11:20	<b>NETWORKING SESSION - Enhanced Recovery after Surgery: Moving Evidence – Based Perioperative Care to Practice</b> Chair: S. Memtsoudis (USA) RA Elements to Improve ERAS Outcome - S. Memtsoudis (USA) - Abdominal surgery - S. Coppens (Belgium) - Orthopaedic surgery - B. Rupnik (Switzerland) - Cost versus Benefit of ERAS for the Hospital Budget: Spend over Money? - X. Capdevila (France)	<b>PROBLEM BASED LEARNING DISCUSSION - Awake Carotid Endarterectomy: Is it feasible?</b> - U. Eichenberger (Switzerland)  <b>PROBLEM BASED LEARNING DISCUSSION - How to evaluate a possible nerve damage?</b> - A. Boezaart (USA)	<b>TIPS AND TRICKS - Update on Adjuvants for Paediatric PNBs - Per-Arne Lomqvist (Sweden)</b>  <b>TIPS AND TRICKS - Interventional procedures for visceral pain. What's new? - D. Correia (Portugal)</b>	<b>REFRESHING YOUR KNOWLEDGE - Breakthrough Cancer Pain Management: A Review of Current Recommendations and International Guidelines- I. Sifaka (Greece)</b>  <b>REFRESHING YOUR KNOWLEDGE - Infiltrations or blocks for knee surgery - L. Delaunay (France)</b>	<b>ASK THE EXPERT - Regenerative medicine in chronic pain medicine - M. Antescu (USA)</b>	<b>HANDS ON CLINICAL WORKSHOP 2 Chronic Pain Workshop - Treating Chronic Pain Conditions</b> WS Leader: M. Greher (Austria) Workstation 1: Complex Regional Pain Syndrome of the upper limb: Stellate Ganglion (Cervical Sympathetic) Block - S. Narouze (USA) Workstation 2: Chest pain, Costochondritis, Post-thoracotomy pain: Intercostal nn., Paravertebral block, pectoralis nn - E. Ortigosa (Spain) Workstation 3: Neuropathy after surgery : Iliogastral, Iliohypogastric, Genitofemoral Nerve Block, Abdominal Cutaneous Nerve Entrapment Syndrome (ACNES) Workstation 4: Management of meralgia paresthetica: Lateral Femoral Cutaneous Nerve Block - D. Provenzano (USA) Workstation 5: Pudendal neuropathy - Pudendal nerve Block - B. Nicholls (UK) Workstation 6: Cancer Pain / Coeliac Plexus, Superior Hypogastric Plexus - M. But (Poland)	
11:30-12:20		<b>PROBLEM BASED LEARNING DISCUSSION - My patient is 23 year old male teenager, scheduled for unilateral gynecomastia mastectomy</b>	<b>TIPS AND TRICKS - How to do RA with Microultrasound and ultrasound at the end of the needle - GA. McLeod (UK)</b>	<b>REFRESHING YOUR KNOWLEDGE - Is there a facial role in Pain syndromes?</b> - Gadsden (USA)	<b>ASK THE EXPERT - Blocks of the face; how to ease emergency cases? - O.Y. Cok (Turkey)</b>		
12:30-14:00	MID-DAY BREAK/ E-POSTER VIEWING/ VISIT THE EXHIBITION Luncheon Sessions at the Restaurant (Ticketed Session)			(12:30-14:00) <b>INDUSTRY SUPPORTED SESSION 1</b> <i>Not included in the CME/ CPD accredited programme</i>			
14:00 - 14:50	<b>SECOND OPINION BASED DISCUSSION - Knee chronic pain and the role of genicular nerves treatment</b> Block description - T. Haag (UK) 2nd opinion - A. Krol (UK) Chairperson - Clinical relevance & Consensus statement- J. De Andres (Spain)	<b>SECOND OPINION BASED DISCUSSION -Mirror on the wall, what's the best QLB of them all?</b> - Anatomy - S. Diwan (India) - First Block Description - J. Børglum (Denmark) - Second Block description - A. Sæster (Norway) - Chairperson - Clinical relevance & Consensus statement- Synthesis on efficiency, indications and future of these blocks	<b>TIPS AND TRICKS - Prolonging nerve block: drugs, adjuvants and catheters - L. Turbitt (Ireland)</b>	(14:00-15:00) <b>INDUSTRY SUPPORTED SESSION 2</b> <i>Not included in the CME/ CPD accredited programme</i>	<b>ASK THE EXPERT - Precision Medicine in Pain and Regional Anesthesia - J. Maynes (Canada)</b>		
15:00 - 15:30	AFTERNOON BREAK/ E-POSTER VIEWING/ VISIT THE EXHIBITION						
15:30 - 16:20		<b>SECOND OPINION BASED DISCUSSION - Evidence and quality care of novel blocks: IPACK block</b> Anatomy: S. Diwan (India) - First Block Description: S. Sinha (USA) Second Block description: J. Børglum (Denmark) Chairperson - Clinical relevance & Consensus statement- Synthesis on efficiency, indications and future of these blocks - S. Memtsoudis (USA)	<b>TIPS AND TRICKS - How to increase the successful rate of Spinal Cord Stimulation for Neuropathic Pain - D. Correia (Portugal)</b>  <b>TIPS AND TRICKS - Kyphoplasty application in clinical practice: Searching the right candidate - M. Antescu (USA)</b>	<b>REFRESHING YOUR KNOWLEDGE New insights and potential therapeutic options in local anesthetic cardiac toxicity - J. Maynes (Canada)</b>  <b>REFRESHING YOUR KNOWLEDGE Regional anaesthesia in the diabetic patient - E. A. Sahir (Turkey)</b>	<b>BEST FREE PAPER SESSION 1</b>		
16:30 - 17:20		<b>PRO-CON DEBATE - Regional Anesthesia for patients with High risk of Compartment Syndrome?</b> Chair: L. Delaunay (France) Pro: M. Neumüller (Austria) Con: T. Steinfeldt (Germany)	<b>TIPS AND TRICKS - Identifying the successful candidates for Intrathecal Analgesia. Critical variables that affect outcome - S. Hayek (USA)</b>	<b>REFRESHING YOUR KNOWLEDGE Ambulatory Surgery &amp; Regional Anaesthesia: Current Trends &amp; Future Directions - X. Capdevila (France)</b>			
17:30	<b>WELCOME SESSION</b> followed by the Networking Reception in the Exhibition						

THURSDAY 17 September 2020

	Hall A	Hall B	Hall C	Hall D	Hall E	Hall F	Hall G - WS (Tickets Required)	Offsite - (Tickets Required)	
8:00-8:50	<p><b>NETWORKING SESSION - ESRA-ASRA Panel</b> How close is enough for optimal plexus analgesia?                      Chair: <b>A. Delbos (France)</b></p> <ul style="list-style-type: none"> <li>- ESRA - Vulnerability of different nerves to intrascapular injection with different needle bevels - <b>MA Reina, Spain</b></li> <li>- ESRA - Injection pressure monitoring as a navigation tool during peripheral nerve blocks - <b>A. Saportto (Switzerland)</b></li> <li>- ASRA - Prevention of nerve injury in Regional anesthesia/analgesia - <b>J. Gadsden (USA)</b></li> <li>- ASRA - Clarifying nerve anatomy nomenclature for Regional Anaesthetists and optimal injection point? - <b>A. Boezaart (USA)</b></li> </ul>	<p><b>NETWORKING SESSION - IMI PainCare</b>                      Chair: <b>T. Volk (Germany)</b></p> <ul style="list-style-type: none"> <li>- Learning from Benchmark - <b>W. Meisner (Germany)</b></li> <li>- PROMPT development - <b>A. Makris (Greece)</b></li> <li>- Tracking patients - <b>M. Komann (Germany)</b></li> <li>- Pain treatment in endometriosis patients - <b>K. Vincent (UK)</b></li> </ul>	<p><b>LIVE DEMONSTRATIONS</b> Ultrasound-guided invasive treatments for musculoskeletal pain                      Demonstrator: <b>TBC</b></p>	<p><b>PROBLEM BASED LEARNING DISCUSSION</b> - Anaesthetic challenges in a patient with achondroplasia requiring prolonged lower limb orthopaedic surgery - <b>S. Galtzine (UK)</b></p>	<p><b>REFRESHING YOUR KNOWLEDGE - Transformaminal DRG Stimulation:</b> In the search of the right procedure for the best outcome - <b>R. Ibrahim (Germany)</b></p>	<p><b>SOCIAL MEDIA SESSION</b> - The use of Twitter, Facebook and other platforms for regional anaesthetists                      Chairs: <b>L. Turbitt (Ireland), A. Pawa (UK), S Coppens (Belgium)</b></p>	<p><b>HANDS ON CLINICAL WORKSHOP 3</b>                      Spinal and limbs Chronic Pain Workshop                      WS Leader: <b>B. Nicholls (UK)</b></p> <p>Workstation 1. Cervical radicular pain: Selective Nerve Root (Extraforaminal) Injection                      Workstation 2. Cervical facet pain: Cervical Medial-Branch and Facet Joint Injections: <b>M. Greher (Austria)</b>                      Workstation 3. Cervicogenic headache: Third Occipital Nerve injection / Greater Occipital Nerve (GON) - <b>A. Dazkiewicz (Poland)</b>                      Workstation 4. Lumbar spine pain: Mechanical low back pain Lumbar Medial-Branch/ Facet Joint Injections, Lumbar parasagittal injection ES, QLB (Thoracolumbar fascia)                      Workstation 5. GPS Gluteal Pain Syndrome - Caudal Epidural Injections, Sacroiliac Joint Injection, Piriformis Muscle, Hamstring tendinitis - <b>H. Costa Rebelo (Portugal)</b>                      Workstation 6. Ankle and Foot - Plantar Fasciitis, Morton neuroma, periaricular injections - <b>B. Morigg (Austria)</b></p>	<p><b>TICKETED SESSION</b>                      (08:00-11:00)  <b>HANDS ON CADAVER WORKSHOP 1</b>                      WS Leader: <b>P. Kessler (Germany)</b></p> <p>Table 1. Shoulder and arm surgery (supine) (Interscalene, supra and infraclavicular, axillary)                      Table 2. Hip surgery (supine) (lumbar plexus, femoral, obturator, lateral femoral cutaneous, fascia iliaca, lateral + anterior sciatic nerve)                      Table 3. Knee and lower extremity surgery (supine) (femoral, femoral triangle, adductor canal, saphenous, obturator, ankle block)                      Table 4. Breast surgery and abdominal surgery (supine) (Pecs) + H. serratus anterior plane, TAP, QL-HI )                      Table 5. Ultrasound guided nerve blocks with needling in supine position (interscalene, supra- and infraclavicular, femoral, femoral triangle and adductor canal block, Pecs-blocks, TAP)                      Table 6. Ultrasound guided nerve blocks with needling in lateral position (paravertebral, erector spinae plane, lumbar plexus, quadratus lumborum, proximal and distal sciatic approaches)                      Demonstrators: <b>A. Bondar (Hungary), Y. Gurkan (Turkey), P. Balaji (UK), L. Sermeus (Belgium), C. Aksu (Turkey), L. Delaunay (France)</b></p>	
9:00-9:50			<p><b>LIVE DEMONSTRATIONS</b> - Truncal blocks: an overview and clinical pearls: TAP, Pecs, Erector Spinae 1&amp;2 and mid-transverse block, QL blocks                      Demonstrator: <b>J. Børglum (Denmark)</b></p>	<p><b>PROBLEM BASED LEARNING DISCUSSION</b> - My patient has severe pre-eclampsia and HELLP syndrome: What should I do for labour and for C-section? - <b>S. Armstrong (UK)</b></p>	<p><b>REFRESHING YOUR KNOWLEDGE</b> Chronic Postural Pain: Contemporary Evidence for Prevention - <b>E. Moka (Greece)</b></p>	<p><b>ASK THE EXPERT</b> - How to apply POCUS in my daily routine? - <b>L. Bruijstens (The Netherlands)</b></p>			
10:00 - 10:30	MORNING BREAK/ E-POSTER DISCUSSION/ VISIT THE EXHIBITION								
10:30-11:20	<p><b>NETWORKING SESSION</b> - Headache and migraines: beyond the usual treatment                      Chair: <b>S. Love-Jones (UK)</b></p> <ul style="list-style-type: none"> <li>- Diagnostic imaging in craniofacial pain syndrome - <b>J. De Andres (Spain)</b></li> <li>- Interventional ultrasound guided procedures for the treatment of chronic headache - <b>S. Narouze (USA)</b></li> <li>- Inflation therapies for the treatment of chronic headaches - <b>M. Antunes (USA)</b></li> <li>- Neuromodulation techniques in headache - <b>P. Staats (USA)</b></li> </ul>	<p><b>PRO-CON DEBATE</b> - Long-lasting analgesia in the Paediatric Patient provided by Adjuncts or Catheters?                      Chair: <b>C. Ivani (Italy)</b></p> <p><b>PRO</b> - definitely adjunct: <b>P. Lonngvist (Sweden)</b>  <b>CON</b> - definitely catheters: <b>C. Coffey (France)</b></p>	<p><b>LIVE DEMONSTRATIONS</b> - 10 Most common nerve entrapments                      Demonstrator: <b>M. Fajardo</b></p>	<p><b>INDUSTRY SUPPORTED SESSION 3</b>                      Not included in the CME/ CPD accredited programme</p>	<p><b>REFRESHING YOUR KNOWLEDGE</b> - Postoperative pain management after ambulatory surgery - <b>N. Rawal (Sweden)</b></p>	<p><b>INDUSTRY SUPPORTED SESSION 4</b>                      Not included in the CME/ CPD accredited programme</p>	<p><b>CENTRAL NERVE BLOCKS</b> Free Papers 2</p>	<p><b>HANDS ON CLINICAL WORKSHOP 4</b> - Clinical Ultrasound Regional Anaesthesia Workshops: Central / thoraco-abdominal blocks (more than 60 peripheral blocks / year and/or broad regional anaesthesia repertoire)                      WS Leader: <b>S. Blumenthal (Switzerland)</b></p> <p><b>TICKETED SESSION</b></p>	<p><b>TICKETED SESSION</b>                      (11:30-14:30)  <b>HANDS ON CADAVER WORKSHOP 2</b>                      Workshop Leader: <b>S. Bloc (France)</b></p> <p>Table 1. Shoulder and arm surgery (supine) (Interscalene, supra and infraclavicular, axillary)                      Table 2. Hip surgery (supine) (lumbar plexus, femoral, obturator, lateral femoral cutaneous, fascia iliaca, lateral + anterior sciatic nerve)                      Table 3. Knee and lower extremity surgery (supine) (femoral, femoral triangle, adductor canal, saphenous, obturator, ankle block)                      Table 4. Breast surgery and abdominal surgery (supine) (Pecs) + H. serratus anterior plane, TAP, QL-HI )                      Table 5. Ultrasound guided nerve blocks with needling in supine position (interscalene, supra- and infraclavicular, femoral, femoral triangle and adductor canal block, Pecs-blocks, TAP)                      Table 6. Ultrasound guided nerve blocks with needling in lateral position (paravertebral, erector spinae plane, lumbar plexus, quadratus lumborum, proximal and distal sciatic approaches)                      Demonstrators: <b>Ph. Gauthier (Belgium), L. Kirchmair (Austria), L. Moran (Ireland), R. Eichholz (Germany), T. Steinfeldt (Germany), W. Armbruster (Germany)</b></p>
11:30-12:20		<p><b>PRO-CON DEBATE</b> - Back to square one – awake vs asleep blocks in the adult                      Chair: <b>A. Macfarlane (UK)</b>                      Pro: <b>D. Dirzu (Romania)</b>                      Con: <b>L. Sermeus (Belgium)</b></p>	<p><b>LIVE DEMONSTRATIONS</b> - LOWER LIMB-All blocks you need to know for successful practice (not only for an examination...) In one go (femoral nerve, femoral triangle, adductor canal, proximal sciatic, popliteal, ankle block)                      Demonstrators: <b>T. F. Bendtsen (Denmark) - Yavuz Gurkan (Turkey)</b></p>	<p><b>INDUSTRY SUPPORTED SESSION 5</b>                      Not included in the CME/ CPD accredited programme</p>	<p><b>ESRA / ASRA Working group</b> in problems with block nomenclature: Adductor canal/ Femoral area, Abdominal wall blocks and thoracic wall blocks - <b>M. Wolmarans</b></p>	<p><b>ASK THE EXPERT</b> - Loss of Efficacy to Spinal Cord Stimulation Therapy: Analysis of Possible Mechanisms, Technical Drawbacks and Potential Solutions - <b>C. Perruchoud (Switzerland)</b></p>			
12:30-14:00	MID-DAY BREAK/ E-POSTER VIEWING/ VISIT THE EXHIBITION								
14:00 - 14:50	<p><b>SECOND OPINION BASED DISCUSSION</b> - Update on the block procedures for shoulder surgery                      - Anatomy: <b>S. Dwan (India)</b>                      - Block description: <b>John McDonnell (Ireland)</b>                      - 2nd opinion: <b>Eric Albrecht (Switzerland)</b>                      - Chairperson: <b>Clinical Research &amp; Consensus statement: J. Gadsden (USA)</b></p>	<p><b>PROBLEM BASED LEARNING DISCUSSION</b> - My patient has respiratory distress following an upper extremity block:                      What is happening and what is the optimal solution? - <b>C. Lobo, Portugal</b></p>	<p><b>LIVE DEMONSTRATIONS</b> - Spinal Pain                      Demonstrator: <b>M. Greher (Austria)</b></p>	<p><b>(12:30-14:50)</b>  <b>INDUSTRY SUPPORTED SESSION 5</b>                      Not included in the CME/ CPD accredited programme</p>	<p><b>REFRESHING YOUR KNOWLEDGE</b> - Disogenic pain management with Transformaminal endoscopic surgical approach - <b>R. Ibrahim (Germany)</b></p>	<p><b>OBSTETRIC</b> Free Papers 3</p>			
15:00 - 15:30	AFTERNOON BREAK/ E-POSTER DISCUSSION/ VISIT THE EXHIBITION								
15:30 - 16:20	<p><b>NETWORKING SESSION</b> - The difficult patient                      Chair: <b>J. Azman (Sweden)</b></p> <ul style="list-style-type: none"> <li>- Frailty syndrome and regional anesthesia - <b>J. Azman (Sweden)</b></li> <li>- Neurologic disease and regional anesthesia - Obese and Diabetic patient and regional anesthesia - <b>C. Lobo (Portugal)</b></li> <li>- Challenging anatomy patient and regional anesthesia - <b>A. Borgeat (Switzerland)</b></li> </ul>	<p><b>NETWORKING SESSION</b> - Clearing shadows in the real clinical practice of neurostimulation                      Chair: <b>S. Hazem (USA)</b></p> <ul style="list-style-type: none"> <li>- Spinal cord stimulation - does frequency matter? - <b>S. Love-Jones (UK)</b></li> <li>- Does the trial and its duration changing outcomes? Does accommodation exists in neural target? How often programming must be changed - <b>P. Staats (USA)</b></li> <li>- How important are number of leads their distance and position? - <b>J. De Andres (Spain)</b></li> </ul>	<p><b>LIVE DEMONSTRATIONS</b> - Ultrasound-guided invasive treatments for joint pain                      Demonstrator: <b>T. Haq (UK)</b></p>	<p><b>TIPS AND TRICKS</b> - Topping up the Epidural for Cesarean Section: When Time is of Essence- <b>N. Lucas (UK)</b></p>	<p><b>REFRESHING YOUR KNOWLEDGE</b> - The Commoners: Common Everyday PNBs for Routine Paediatric Operations (which block, which child, which operation) - <b>E. Gaiini (Greece)</b></p>	<p><b>TIPS AND TRICKS</b> - Phrenic sparing RA options for major Shoulder surgery - <b>M. Wolmarans</b></p>	<p><b>PERIPHERAL NERVE BLOCKS</b> Free Papers 4</p>	<p><b>HANDS ON CLINICAL WORKSHOP 5</b>                      Clinical Ultrasound Regional Anaesthesia Workshops: The Shoulder, Elbow and hand surgery                      WS Leader: <b>J. Aguirre (Switzerland)</b></p> <p><b>TICKETED SESSION</b></p>	<p><b>TICKETED SESSION</b></p>
16:30 - 17:20			<p><b>LIVE DEMONSTRATIONS</b> - Facial pain and headache                      Demonstrator: <b>S. Narouze (USA)</b></p>	<p><b>TIPS AND TRICKS</b> - RA in the Obese Parturient. The role of Spinal Sonography in a Challenging Task - <b>P. Gautier (Belgium)</b></p>	<p><b>REFRESHING YOUR KNOWLEDGE</b> - The Opioid Crisis: What Physicians and Chronic Pain Therapy Providers need to know - <b>E. Viscusi (USA)</b></p>	<p><b>ASK THE EXPERT</b> - Regional Anesthesia/Analgesia in Thoracic Trauma: To whom, which one, when? - <b>K. Koltka (Turkey)</b></p>	<p><b>WS 1:</b> Major shoulder surgery: different approaches for the interscalene block and structures to avoid - <b>B. Rupnik (Switzerland)</b>  <b>WS 2:</b> Axillary nerve block, suprascapular nerve block and block of the , supraclavicular nerves: <b>Louise Moran (Ireland)</b>  <b>WS 3:</b> Elective elbow surgery and elbow fracture (blocks for patients with limited abduction; catheter-placement: tips and tricks: <b>L. Delaunay (France)</b>  <b>WS 4:</b> Axillary block for hand surgery and how to rescue block failures - <b>M. Karmakar , Hong Kong</b>  <b>WS 5:</b> The special case: Clavicular fracture what regional anaesthesia techniques are the best? - <b>L. Mercadal (France)</b>  <b>WS 6:</b> Important cutaneous branches for shoulder, arm and hand surgery - <b>E. A. Salvic (Turkey)</b></p>	<p><b>(15:00 - 18:00)</b>  <b>HANDS ON CADAVER WORKSHOP 3</b>                      Ophthalmic / Head blocks                      WS Leader: <b>M. Greher (Austria)</b></p> <p>Table 1. Peribulbar &amp; Sub-Tenon's blocks                      Table 2. Blocks of the head - <b>L. Beylacz (France)</b>                      Table 3. Stellate Ganglion (Cervical Sympathetic) Block - <b>E. Ortigas (Spain)</b>                      Table 4. Cervical nerve blocks &amp; cervical plexus - <b>U. Eichenberger (Switzerland)</b></p>	
17:30 - 18:20	<p><b>PRO-CON DEBATE</b> - Should the Duration of Action of Single – Shot Injections be prolonged by Adjuncts or Catheters?                      Chair: <b>P. Merjavy, Ireland</b></p> <p><b>PRO</b> (definitely adjuncts) - <b>A. Delbos (France)</b>  <b>CON</b> (definitely catheters) - <b>E. Barbara (Italy)</b></p>	<p><b>PRO-CON DEBATE</b> - Spinal Cord Stimulation Therapy: Is it finally Effective for Chronic Neuropathic Pain?                      PRO - <b>P. Staats (USA)</b>                      CON - <b>Ch Perruchoud (Switzerland)</b></p>	<p><b>LIVE DEMONSTRATIONS</b> - Pitfalls during US guided blocks: all the structures you should not miss. All steps clear? - in plane/ out of plane - <b>S. Bloc (France)</b>                      - Monitoring: Pressure/ nerve stimulation - <b>T. Steinfeldt (Germany)</b>                      - Needle : nerve relationship - <b>A. Boezaart (USA)</b></p>	<p><b>TIPS AND TRICKS</b> - Optimal Analgesia for breast surgery - <b>A. Pawa (UK)</b></p>	<p><b>REFRESHING YOUR KNOWLEDGE</b> Regional Anaesthesia: Safety Issues and Medicolegal Aspects - <b>T. Volk (Germany)</b></p>	<p><b>PAEDIATRIC</b> Free Papers 5</p>			



**SATURDAY 19 September 2020**

	Hall B	Hall C	Hall D	Hall E	Hall F	Hall G - WS (Tickets Required)	
8:00-8:50	<p><b>NETWORKING SESSION - Education and RA in the 21st Century</b> Chair: T. F. Bendtsen (Denmark) Noni Technical Skills in RA Practice: How Important are they? - L. Mercadal (France) Teaching the future RA Teachers: How Can We Achieve Excellence? - T. F. Bendtsen (Denmark) Novel Teaching Methods in RA: The Concept of Simulation - P. Bamidis (Greece) How to make the most of your paper: getting it published, altmetrics, social media - K. Elboghady (UK)</p>	<p><b>NETWORKING SESSION - Neuraxial Analgesia for Labour: Standard Techniques and Novel Approaches</b> Chair: S. Safaka (Greece) Dural Puncture Epidural: A Hole Lot Better? - S. Devroe (Belgium) How to use a poor epidural catheter for C-Section? - K. Theodoraki (Greece) What is the role of PIEB in labour analgesia? be acceptable? - N. Lucas (UK) Does neuraxial analgesia affect the progress of labour?</p>	<p><b>SECOND OPINION BASED DISCUSSION - Regional anaesthesia for rib fractures</b> Anatomy: S. Diwan (India) Block description: E. Barbara (Italy) 2nd opinion: L. Valdés (Spain) Chairperson - Clinical relevance &amp; Consensus Statement: S. Coppens (Belgium)</p>	<p><b>ASK THE EXPERT - Novel Agents to Treat Opioid Induced Constipation - E. Viscusi (USA)</b></p>	<p><b>REFRESHING YOUR KNOWLEDGE - Impact of Stress Response to Surgery &amp; Perioperative Pain on Cancer Recurrence: Current Update - G. Votta-Velis (USA)</b></p> <p><b>REFRESHING YOUR KNOWLEDGE - Peripheral Nerve Blocks for Outpatient Surgery: Are there any obstacles? - B. Fytanidou (Greece)</b></p>	<p><b>HANDS ON CLINICAL WORKSHOP 9 - Clinical Ultrasound Regional Anaesthesia Workshops: The Thoracic &amp; Abdominal surgery (more than 60 peripheral blocks / year and/or broad regional anaesthesia repertoire)</b> WS Leader: Y. Gurkan (Turkey) OR 1: Lung surgery without epidural: Different approaches for paravertebral blocks, intercostal block E. Ortigosa (Spain) OR 2: Modern anaesthesia/analgesia for breast and thoracic wall surgery: BRILMA, PEC1 and 2 - M. Fajardo (Spain) OR 3: Further alternatives for thoracic surgery: erector spinae block, lumbar paravertebral block OR 4: Pain-free abdominal surgery 1: TAP, rectus sheath, inguinal / iliohypogastric block P. Merjavj (UK) OR 5: Pain-free abdominal surgery 2: quadratus lumborum blocks - M. Fajardo (Spain) ONE: US-guided central block - P. Gautier (Belgium)</p>	<p>09:00-12:00</p> <p><b>HANDS ON CADAVER WORKSHOP 7 - Pain Management</b> On Clinical Workshop with Demonstration on Fresh Frozen Cadavers WS Leader: A. Krol (UK) <b>Workstation 1: Head and neck</b> Cervical spine facetogenic pain - cervical medial-branch and facet joint. Cervicogenic headache: gon, ton, ton, cervical discogenic and radicular neuropathic pain - selective nerve root Complex regional pain syndrome upper limb: stellate ganglion (cervical sympathetic) block. Frozen shoulder: suprascapular nerve block (anterior approach), acj, sasdb, biceps tendon, glenohumeral joint <b>Workstation 2: Abdomen</b> Abdominal wall - neuropathy after surgery: ilioinguinal, iliohypogastric, genitofemoral nerve block. Management of meralgia paresthetica - lateral femoral cutaneous nerve block. Cancer pain - coeliac plexus superior hypogastric plexus and lumbar sympathetic chain <b>Workstation 3: Hip and Knee Osteoarthritis</b> Intraarticular injections and periarthicular nerves blocks: femoral, obturator, aon, genicular and their origin <b>Workstation 4: Chest and Thorax</b> Post-thoracotomy pain - intercostal nerve block. Thoracic spine pain - medial-branch, facet joint and costovertebral joint injections. Paravertebral block: Thoraco lumbar fascia planes blocks. <b>Workstation 5: Cadavers for fluoroscopy and ultrasound</b> Lumbar spine Selective nerve root, (transforaminal) injection - Lumbar spine pain - lumbar medial-branch and facet joint injections. <b>Workstation 6: Ultrasound</b> Patellar neuropathy - gluteal pain syndrome (GPS). Sacroiliac joint injection - Caudal epidural injections <b>Demonstrators: A. Daszkiewicz (Poland), H. C. Rebelo (Portugal), A. Thottungal (UK), B. Nicholls (UK), M. But (Poland)</b></p>
9:00-9:50			<p><b>SECOND OPINION BASED DISCUSSION - Update on Thoracic blocks</b> Anatomy: S. Diwan (India) First Block Description: Superficial and deep serratus, associated blocks (long thoracic and thoraco-dorsal) - M. Karmakar (Hong Kong) Second Block description: Erector spinae block and associated blocks - J. Raft (France) Chairperson - Clinical relevance &amp; Consensus statement: Synthesis on efficiency, indications and future of these blocks - L. Valdés (Spain)</p>	<p><b>ASK THE EXPERT - RF beyond the spine</b> D. Provenzano (USA)</p>	<p><b>REFRESHING YOUR KNOWLEDGE - Headache classification and treatment - S. Love-Jones (UK)</b></p>		
10:00 - 10:30	MORNING BREAK						
10:30-11:20	<p><b>TRAINEES SESSION</b> Chair: Pia Jaeger (Denmark) YouTube – the new teacher on the block? Can on-line educational platforms replace traditional teaching in OR? - PRO: A. F. Prime (Croatia) - CON: M. Wolmarans (UK) Abstract submission deadline approaching – how to write a good abstract? - K. Elboghady (UK) Challenges in obstetric anaesthesia- guiding you through 5 difficult scenarios: Postpartum hemorrhage, Extremely obese patients in labor, Breech delivery, Pre-eclampsia, Top-up of not perfectly functioning epidural for acute C-section - M. Van de Velde (Belgium)</p>	<p><b>NETWORKING SESSION - Cancer pain management</b> Chair: D. Dirzu (Romania) Interventional and surgical procedures- M. Aultescu (USA) Management for neuropathic pain in cancer - G. Votta-Velis (USA) Cancer survival and chronic pain-can we make a difference? lessons learned from treating head and neck cancer - S. Safaka (Greece) Role of lidocaine infusions on cancer metastasis - A. Borgate (Switzerland)</p>	<p><b>PROBLEM BASED LEARNING DISCUSSION - Controversial regional anesthesia/analgesia topics in Trauma: Compartment syndrome, infection, Scleritis? - K. Kotika (Turkey)</b></p> <p><b>PROBLEM BASED LEARNING DISCUSSION - The athlete's aches and how to deal with them - E. Barbara (Italy)</b></p>	<p><b>ASK THE EXPERT - Ultrasound – Guided Spinal Procedures for Pain Management: Advantages and Limitations - U. Eschenberger (Switzerland)</b></p>	<p><b>REFRESHING YOUR KNOWLEDGE - "Going Down The Rabbit Hole" on nerve damage management - B. Ruppik (Switzerland)</b></p> <p><b>REFRESHING YOUR KNOWLEDGE - RA the main step of Opioid-sparing anaesthesia</b></p>	<p><b>HANDS ON CLINICAL WORKSHOP 10 - Clinical Ultrasound Regional Anaesthesia Workshops: The Hip / Femur, knee and foot surgery (more than 60 peripheral blocks / year and/or broad regional anaesthesia repertoire)</b> WS Leader: J. Aguirre (Switzerland) <b>Workstation 1: Hip and Knee</b> WS 1: Analgesia for femur neck fractures: alternatives to femoral nerve block or epidural anaesthesia subcostal or suprapirinal fascia iliac block, PENG block A. Sauter (Norway) WS 2: The complex knee case: gluteal (parasacral, transgluteal) approaches for the sciatic nerve - M. Fajardo (Spain) WS 3: Hip, femur and knee surgery: lumbo-sacral blocks revisited - Shamrock, parasagittal (Karmakar), modified intertransversal (Karmakar) approach - E. Ortigosa (Spain) WS4: News for knee surgery - Femoral nerve block, femoral triangle or adductor canal block? - T. F. Bendtsen (Denmark) WS5: Popliteal block for foot surgery and how to rescue block failures? - E. A. Salviz (Turkey) WS 6: Blocks of important cutaneous nerves of the lower extremity - lateral cutaneous femoral nerve, saphenous nerve at the calf level, posterior cutaneous nerve of the thigh, sural nerve - L. Kucharski (Austria)</p>	
11:30-12:20			<p><b>PROBLEM BASED LEARNING DISCUSSION - My patient is 12-year-old diagnosed of achondroplasia, scheduled for surgery elongation of lower limbs.</b></p>	<p><b>ASK THE EXPERT - Anesthetic approach/management in top athletes, anesthetic implications, choice of anesthetic technique and the role of regional anesthesia - K. Vermeylen (Belgium)</b></p>	<p><b>REFRESHING YOUR KNOWLEDGE Acute and Chronic Pain after Breast Surgery: The Role of Older and Newer RA Techniques - M. Varveri (Greece)</b></p>		
12:30-14:00	FAREWELL RECEPTION in the Foyer area						